



MoveSpring Challenge Platform Enrollment Instructions

Already enrolled in MoveSpring but need help joining or creating a team? Skip to #10.

1. Login to powerofvitality.com > hover over your name in the upper-right corner > click *Settings* > make note of your 10-character Vitality ID (you'll need this for #5).
2. Connect to MoveSpring:
 - App: From your device's app store, download the MoveSpring app, open it and tap *Sign up*
 - Website: Visit <https://bit.ly/bwmovespring>
3. Enter or double-check our organization's code:
 - App: Enter **2G45YXK834** > tap *Sign up*
 - Website: The code should be pre-populated. If prompted, enter **2G45YXK834** > click *Sign up*
4. Confirm Barry-Wehmiller as your organization.
5. Enter your Vitality ID, *plus*:
 - Team members must include "00" (i.e., two zeros) at the end of their Vitality IDs
 - Spouses must include "01" (i.e., zero, one) at the end of their Vitality IDs
6. Select if you are a team member or spouse, and your (or your spouse's) division/location.
7. Complete the required information:
 - Your first and last name
 - Your e-mail and a unique, secure password to create your account
 - Agree to the MoveSpring Terms of Service and Privacy Policy
8. Create your MoveSpring username, including your first and last name (if possible), so team members will recognize you! Select an avatar or upload a photo.
9. Link your fitness device (if you have one), so MoveSpring can sync your steps, miles and active minutes. Visit help.movespring.com and search *connect* for connection instructions if you need more help.
10. Join or create a team:
 - Locate the challenge (you may need to scroll down)
 - For instructions on joining a team, [click here](#)
 - For instructions on creating a team, [click here](#)
 - When you return to your dashboard, you should now see your team listed!
11. Explore MoveSpring, and get ready to get moving!

